

Covid-19 Risk Assessment for H20 Swim Fitness Ltd

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| Date risk assessment carried out: | 10/08/2020 | Person: | Hayley O’Neil | Review date: | Continual Monitoring in line with changes to Government and Swim England Guidelines |

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| What is the Hazard? | Who might be harmed | Risk rating before controls | Controls considered | Risk rating after controls | Actioned by |
| **Spread of Covid-19 Coronavirus** |  |  |  |  |  |
| Carpark | * Swimmers * Parents * Guardians * Teachers * Assistants | High | * Information to members on social distancing designated car parking signage and controls at facility. | Medium | H20 Swim Fitness Ltd and Facility Operator |
| Entrance to venue | * Swimmers * Teachers * Assistants | High | * Signs for social distancing to be adhered to. * Swimmers must arrive on time and no more than 5 minutes before the start of their designated swim. * One-way entrance scheme * Only swimmers, teachers and assitants to come into the building (parents & guardians to remain outside). * Hand sanitiser will be provided and must be used by all entering the venue * Temperatures will be taken on arrival. Anyone showing high temperatures will be removed immediately. * Information given to parents/guardians of protocols. | Medium | Lead Teacher of H20 Swim Fitness Ltd  Facility Operator |
| Changing rooms | * Swimmers * Teachers * Assistants | High | * No changing rooms to be used. * Swimmers to arrive in costume ready to swim. * Swimmers to shower on poolside before entering the water. | Medium | Lead Teacher of H20 Swim Fitness Ltd Swimmers |
| Poolside | * Swimmers * Teachers * Assistants | High | * Social distancing protocols to be followed at all times. | Medium | Teachers and/or Assitants of H20 Swim Fitness Ltd |

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| Someone becomes unwell during session | * Swimmers * Teachers * Assistants | Low | * Contact parent guardian or next of kin and isolate individual in first aid room or other suitable area. * Use appropriate PPE supplied by H20 Swim Fitness Ltd | Low | Covid-19 Officer |
| During activity | * Swimmers * Teachers * Assistants | High | * Appropriate training to achieve social distancing protocols. * No jumping or diving into pool under current restrictions. * Swimmers MUST have their own goggles for personal use. * Swimmers will be allocated floatation equipment for their session which must not be shared. Each session will have new equipment provided. * Swimmers must adhere to instructions and guidance given. * There will be zero tolerance regarding guidelines. | Medium | Teachers and/or Assitants of H20 Swim Fitness Ltd |

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| Hygiene measures | * Swimmers * Teachers * Assistants | High | * Covid-19 Rules communicated to all members in advance. * On arrival to the venue, all door handles, toilet areas and poolside safety equipment will be sanitised. * Continual sanitising of hands by teachers. * Any assistance for goggle amendments made by teachers will result in full sanitisation afterwards. * If Swimmers have used the toilet they will need to ensure they have sanitised hands again. * Toilets will be sanitised after each use. * Handles and used areas will be sanitised between different sessions. * Any equipment used will be sanitised between sessions. | Medium | H20 Swim Fitness Ltd  Swimmers |

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| Exiting the Pool and Venue | * Swimmers * Teachers * Assistants * Parents * Guardians | High | * One way exit from venue.      * Each group will exit the pool at staggered intervals to adhere to social distancing. * Changing rooms and showers will not be in use. * Swimmers will be expected to place on over garments and shoes and leave the building. * Parents/guardians must be prompt for collection of swimmers. * Swimmers, parents or guardians must not re-enter the building. | Medium | H20 Swim Fitness Ltd  Facility Operator |